



the  
unexpected  
Gift Supporting You  
Through Cancer

*THE UNEXPECTED GIFT*

*FOOT REFLEXOLOGY*

*GERRY AGOSTINI, RAC*

*REFLEXOLOGY ASSOCIATION OF CANADA CERTIFICATION*

*Reflexology is a natural healing art based on the principle that there are reflexes in the feet, hands and ears, which correspond to every part, gland and organ of the body. By applying specific pressure using thumb, finger and hand techniques, reflexology reduces tension, improves circulation and promotes the natural functioning of the related areas of the body, as stated by RAC.*

*One hour    \$50*

*Gerry is also a trained Reiki Master, holds NHCP certification in relaxation massage and lymph drainage. His “healing hands” will provide a 3-in-1 Reflexology experience.*