



REIKI

Cheron Long-Landes

Reiki Master

Reiki is a form of hands-on healing that releases feelings of beneficial well-being and calm. The energy of Reiki encompasses the whole body, reducing stress and promoting relaxation.

A Reiki session or treatment is given by a Reiki practitioner or Reiki Master. The client lies fully clothed on a massage table, or sits in a chair should they not be able to lie flat. The practitioner will hold their hands over the client, it is not a massage. Reiki also works in conjunction with other medical or therapeutic techniques , relieving side effects and promoting recovery.

One hour treatment - \$90

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